

Summer

NUNA WEEKLY CALENDAR

MONDAY

Healthy Relationships

Virtual group

- 9:00 - 10:00 AM
- Cost: Free
- Who: Everyone
- Language: English
- Facilitator: Adrianna
- [Link to Register for Group](#)

Salsa Class

in-person class

- 6:00 - 7:30 PM
- Cost: Free
- Who: Everyone
- Language: English/Spanish
- Facilitator: Jessica

TUESDAY

Activity

- No groups on Tuesdays

MORE INFO >>



SCAN HERE

WEDNESDAY

Rhythm & Resonance

in-person music

- 6:30 - 7:30 PM
- Cost: Free
- Who: Youth 12-18
- Language: English
- Facilitator: Sutiweyu
- About: Music Production, wellness, and peer support

THURSDAY

Rhythm & Resonance

in-person music

- 6:30 - 7:30 PM
- Cost: Free
- Who: Youth 12-18
- Language: English
- Facilitator: Sutiweyu
- About: Music Production, wellness, and peer support

FRIDAY

S.O.A.R. Academy

in-person class

- 1:00 - 2:00 PM
- Cost: Free
- Who: Everyone
- Language: English
- Facilitator: Renee
- About: Life skill program for adults

Movie Night

in-person group

- 5:30 - 7:00 PM
- Cost: Free
- Who: Youth 12-18
- Language: English/Spanish
- Facilitator: Laura

nuna

Location: Evermont Plaza, next to BMO bank
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